

How good and pleasant it is!**Introduction**

Throughout the Bible, the unity of God's people is viewed as a precious blessing, something that we should make every effort to preserve. Jesus prayed that His disciples would be one even as He and the Father are one for this unity would be a witness to the world that the Father had sent the Son and that the Father loves those who believe in the Son (John 17:20-23). Paul urged the Ephesian believers and us to "make every effort to keep the unity of the Spirit through the bond of peace" (Ephesians 4:3). And of course, throughout its history the nation of Israel was promised blessing and unity in the Promised Land with each Israelite enjoying an inheritance from the LORD.

It is against this background of the importance of unity among believers that we find Psalm 133, a curious Psalm (at least as far as some of its language is concerned) but an important Psalm, one from which we learn some very important lessons about unity.

**Starting out...**

1. Why do you think unity among Christians is important?

2. What are some of the things that hinder Christian unity?

Read Psalm 133:1-3**Read and Think**

1. What words does David use to describe the importance and value of unity?

Read 1 John 1:5-2:2

1. In what way did Jesus accomplish fellowship and unity among his people?
2. How does what 1 John 1:5–2:2 teaches tie in with the message of Psalm 133?
3. What does 1 John 1:5-2:2 teach us about the way in which we can keep or restore unity among believers?



Apply



1. What key truths have you learnt from this Psalm?

2. In what ways has this Psalm challenged your thinking?



1. In what way has this Psalm challenged or encouraged your heart?



1. What action do you need to take in the light of this Psalm?

2. How would you use what you have learnt from this Psalm in a REACH 500 conversation?