

## The Way of Life

### Introduction

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Although we tend to think of Psalm 1 & 2 as two separate Psalms, they do in fact form a literary and thematic unit and together act as an introduction to the book of Psalms as a whole. The key word which ties the two Psalms together is the word *blessed* (Psalm 1vs1; Psalm 2vs12), a word which in the book of Psalms describes the good life, the life which God intended people created in His image to enjoy in fellowship with Him.

As we shall see, Psalm 1&2 highlight two fundamental characteristics of the blessed life – one concerning our relationship to the Law of the LORD, the other concerning our relationship to the LORD's Anointed One. These Psalms also affirm the fundamental choice that each person must make – a choice between two ways of life and thus between two eternal destinies.

Read Psalm1vs1-6



### Investigate:

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Answer the following questions from the text:

1. What words does the Psalmist use to show that he is describing a daily way of life? (vs1,6)
  
  
  
  
  
  
  
  
  
  
2. How many 'ways' are there as far as the Psalmist is concerned? How does he describe each of these ways? (vs6)
  
  
  
  
  
  
  
  
  
  
3. What is the outcome of each of these ways-
  - a. In the present? (vs1-4)

- b. In the future? (vs5)
  
- 4. Why is this so? (vs6)
  
- 5. What is the distinguishing feature of the 'way of the righteous'?

## **? Think it through** \_\_\_\_\_

1. In this context, what does the 'Law of the LORD' refer to?
  
2. What do the words 'counsel...way...seat' refer to?
  
3. What do the images of a tree and chaff imply? How do these images relate to daily life?
  
4. Read Romans 12vs1-2. How does Psalm 1vs1-3 connect with these verses?
  
5. What does this Psalm teach us about the blessed life? What does it call on us to do day by day?