

The **Second** *Half* *of* *Marriage*



Your children have grown and flown -
so what is on your Empty nest Bucket list?

FAMILYWORKS
EFFECTIVE STRATEGIES FOR STRONGER RELATIONSHIPS

2011

The Second Half of Marriage



Survey

Check your level of satisfaction in the following general categories as they relate to your marriage:

Areas of satisfaction or dissatisfaction: (please circle number chosen)

	very dissatisfied		neither		very satisfied					
Financial management	1	2	3	4	5	6	7	8	9	10
Companionship	1	2	3	4	5	6	7	8	9	10
Spiritual growth & commitment	1	2	3	4	5	6	7	8	9	10
Mutual activities	1	2	3	4	5	6	7	8	9	10
Individual activities	1	2	3	4	5	6	7	8	9	10
Communication with mate	1	2	3	4	5	6	7	8	9	10
My health & physical fitness	1	2	3	4	5	6	7	8	9	10
Ministry activities	1	2	3	4	5	6	7	8	9	10
Friends & extended family	1	2	3	4	5	6	7	8	9	10
Community service	1	2	3	4	5	6	7	8	9	10
Romance & intimacy	1	2	3	4	5	6	7	8	9	10
Household responsibilities	1	2	3	4	5	6	7	8	9	10
Conflict resolution	1	2	3	4	5	6	7	8	9	10
Sexual fulfillment	1	2	3	4	5	6	7	8	9	10
Education & career development	1	2	3	4	5	6	7	8	9	10
Relationship with children	1	2	3	4	5	6	7	8	9	10
Relationship with grandchildren	1	2	3	4	5	6	7	8	9	10
Retirement plan	1	2	3	4	5	6	7	8	9	10
Relationship with ageing parents	1	2	3	4	5	6	7	8	9	10

Questionnaire

1. What are the best aspects of your marriage?
2. What are the areas that cause the greatest stress in your marriage?
3. What do you fear the most about your marriage in the future?
4. What are you looking forward to in your marriage in the future?
5. For how many years have you been married?
6. Is this your first marriage?
7. Are you a grandparent?
8. What is your age?
9. Male Female
10. I am prepared to be interviewed by *Familyworks* as part of the survey.

My Contact Numbers :